

Menu (prices excl vat) (all prices are 1 per person)

Breakfast

	Price	Minimum order
Breakfast Pots		
natural yoghurt, hand-made fruit compote and crunchy granola.	£2.30	5
Bacon and sausage baps - Vegetarian and Vegan options available		
A freshly baked roll, filled with your choice of smoked Suffolk bacon or hand-made sausage from pigs reared in Essex	£3.15	10
Croissant Platter		
Freshly baked Croissant, Strawberry jam pot and butter	£2.40	10
Mini Pastry Selection		
2 x pp mini pastries cinnamon swirls, custard and apricot tarts	£2.75	10
Muffins		
Delicious blueberry breakfast muffins	£2.25	5
Vegan Muffins		
Lemon and poppyseed vegan muffins	£2.75	5

Lunch

	Price	Minimum order
Value sandwich platter		
Lemon chicken (halal) mayonnaise, ham mayonnaise salad, free range egg & Cress and tomato, cheese with Stokes Tomato chutney and salad, falafel and mango chutney	£3.10	5
Premium sandwich platter		
Ham and cheese with sticky pickle and salad, brie and onion marmalade Avocado lettuce and tomato, hummus with roasted vegetables Chicken (halal) with caesar dressing and salad	£3.65	5
Ciabatta platter		
Chicken (halal) avocado and tomato, tuna mayonnaise and cucumber Avocado and salsa, brie and cranberry sauce, stilton and onion marmalade Hummus and roasted vegetables	£4.10	5
Baguette platter		
Chicken (halal) lemon mayonnaise and leaf, Suffolk salami mozzarella and Sun Dried tomatoes, falafel and mango chutney, brie and chili jam, Free range eggs with tomatoes	£3.75	5
Bagel platter		
Salmon, cream cheese and chive, cream cheese and cucumber, goats cheese Tomato chutney, hummus and tomato	£4.15`	5

Set Lunch Menu

	Price	Minimum order
Light Lunch menu		
Selection of value sandwiches, freshly baked sausage rolls/vegan sausage rolls Crisp platter, cake selection platter	£7.25`	10

Set Lunch Menu

	Price	Minimum order
The Favourite Menu		
¾ of ciabatta platter, homemade quiche slice/falafel & hummus crisps and Dips platter, brownie bites with fruit platter	£8.65	10
The Healthy Eat Menu		
Baguette with avocado lettuce and tomato, chicken (halal) salad Low-fat cream cheese and cucumber, egg mayonnaise and tomato Crudites and dip, green salad, fruit platter with a sprinkle of brownies	£7.90	10
Origin8 cold fork buffet		
Fresh salmon and cucumber, lemon and ginger chicken slices, goats cheese And red pepper tarts or stuffed vine tomatoes with savoury rice Served with a green bean, new potato and shallot salad with whole grain Mustard dressing, individual luxury sponge cakes or fresh fruit tarts Small fruits platter	£17.95	10
Salad Bar		
Tabbouleh bowl		
Vegan and gluten free quinoa with fresh edamame beans, tomatoes, green Beans, herbs and lemon olive oil	£7.95	5
Mackerel salad		
served with baby spinach, natural yogurt and lemon juice	£2.25	5
Coleslaw		
Freshly made coleslaw mix with mayonnaise and red onion	£1.65	5
Lemon and parsley bean salad GF/VG		
Mixed beans with cucumber, parsley, celery, red onions, lemon and olive oil	£1.95	5
Radish, Spring Onion, watercress salad		
Served with dill and natural yogurt dressing	£1.95	5
Platters		
Cheese platter		
Selection of three English cheese with crackers, grapes, celery and selection Of local pickles	£5.95	5
Antipasto platter		
Suffolk salami, chorizo and prosciutto with olives and artisan bread and olive Oil and balsamic dip	£8.50	5
Sausage Rolls/Vegan sausage rolls		
Delicious pork sausage rolls freshly baked or freshly baked vegan sausage rolls	£1.75	5
Sweet treats		
Cake selection platter		
Pound cakes - carrot, chocolate, cherry battenburg, ginger and lemon	£1.95	5
Brownie platter		
Delicious brownies	Platter	£3.10 5
	Bites	£1.10 5
Ultimate Teaser Traybake		
Maltesser in a tray bake	£3.10	5
Buttery Flapjack platter		

Traditional flapjack £3.10 5

Super Vegan Flapjack platter

Oats, nuts and vegan chocolate drops GF £3.75 5

Canapes selection

We suggest 4-6 per person £2.25 20

Brie bites with chili dip

Mini tarts with feta and olive/goats cheese and onion marmalade

Asparagus wrapped in parma ham with hollandaise dip

Mini cucumber boats with red hummus VG

Popadoms scoops with fresh salsa

Butter chicken vol au vents

Suffolk salami, focaccia bread bites with sundried tomato

Origin8 BBQ

Sticky drumsticks and cumberland sausage with fried onions in a bun

Vegetarian/vegan burger

Homemade coleslaw and green salad

Strawberries and fresh double cream £15.95 50

