



Week commencing 21st July

West Hub Canteen is takeaway only this week

*Mon*

Jackfruit tikka masala, mini poppadum's  
Gnocchi pomodoro fresco, baby herbs, garlic bread  
Sticky caramel sweet & sour chicken, Asian salad  
Grilled pork rib eye steak with creamy leek & cider sauce

*Tue*

Pea & potato samosas, Indian salad, mango & coconut yoghurt  
Alloment pie topped with cheesy mash  
Baked lemon & rosemary chicken with creamed leeks  
Pulled pork sloppy Joe, pretzel bun, homemade BBQ Sauce

*Wed*

Vegan empanadas, green goddess dressing, roasted peppers & watercress  
Vegetarian fajitas, roasted pepper, black bean & cheddar cheese  
Chicken 65 with homemade sweet chilli sauce  
Parmesan breaded pork cutlet, spiced tomato chutney

*Thu*

Sweet potato tagine, buckwheat salad, poached apricots  
Summer vegetable frittata, tomato & roasted pepper salsa  
Chimichurri chicken, ciabatta topped with a peach salsa  
Grilled gammon steak, grilled pineapple

*Fri*

WEST HUB IS CLOSED. LUNCH SERVED IN WEST CAFE  
Pork & rosemary lasagna  
Lentil lasagna  
Selection of sides