

ARC Cafe Menu

Week Commencing 29th January - 2nd Febraury

Mon

Moroccan vegetable stew, flatbread
Cajun chicken pasta
Served with spiced cabbage salad with chilli, curry leaves, turmeric & lime

Tue

Creamed spinach celeriac & sour cream gratin
Chicken, red pepper & olive cacciatore
Served with apple, beetroot & mooli salad

Wed

Aubergine parmigiana
Slow cooked pork, cider & sage hotpot
Served with Ras El Hanout chopped salad

Thu

Spicy potato & fig cakes with chilli, mint & coriander
Peri peri chicken pilaf
Served with super seedy salad with sweet chilli dressing

Fri

One pot four cheese pasta, dough balls
Chicken Tinga
Served with Indian style lime and chilli slaw

