

West Hub Canteen Menu

Week Commencing 13th-17th May

Mon

Cauliflower caponata, with olive bread
Vegetable Jalfrezi, raita, garlic and coriander naan
Thai green chicken breast, coconut & lemon grass sauce, stir fried greens
Garlic & citrus mojo pork steak with Cuban slaw

Tue

Vegan empanadas, green goddess
Gnocchi, pomodoro sauce, Parmesan and baby herbs, grilled artichokes
Nut free chicken satay, radish salad, toasted coconut
Pork, roasted fennel & blue cheese lasagne

Wed

Mushroom wings, rice pilaf, buffalo sauce
Potato, goats cheese & spring onion frittata, tomato chutney
Angry roast chicken, tomato butter sauce
Chilli con carne, tortillas, sour cream

Thu

Sun blushed tomato, olive & artichoke paella
Creamy mushroom ragu, penne, topped with rocket and toasted seeds
Chicken with rosemary and Parmesan crumb, roasted tomato & watercress
Sticky pork and chorizo burger, cider glaze

Fri

Roasted sweet potato burrito black bean sauce, jalapeno salsa
Pea & halloumi fritters, grilled asparagus, orange chilli drizzle
Hunters style chicken, topped with melted cheese & crispy bacon
Battered cod, lemon, homemade tartare sauce

